

FALL SCHEDULE 2011
bread of life dance theatre (boldt)

Sunday		Monday		Tuesday		Wednesday		Thursday			Friday		Saturday	
A	B	A	B	A	B	A	B	A	B	BAC	A	B	A	B
		3-4 Sr Program Hip Hop JAMIE FULL		3:15-4:30 Sr Program Lyrical 2 SAM FULL	3:15-4:30 Sr Program Lyrical 1 JAMIE FULL	3-4 Sr Rec Hip Hop JAMIE	3-4	3-4	3-4	3-4	3-4:15 Sr Program Ballet 2 SAM FULL	3-4 Sr Program Acro SAM	3-4 Sr Rec Hip Hop JAMIE	9-9:30 Private MAGGIE
		4-5:15 Sr Program Ballet 2 SAM FULL	4-5:15 Sr Program Ballet 1 JAMIE FULL	4:30-5:30 Sr Prog Tap 2 SAM FULL	4:30-5:30 Sr Prog Tap 1 ALLEGRA FULL	4-5 Beginner Hip Hop JAMIE FULL	4-5 Teen Tap ALLEGRA	4-5 Beginner Jazz/Acro STEPHANIE W	4-5 Beginner Hip Hop JAMIE	4:15-5:30 Sr Program Modern	4-5 Sr Program Ballet 1 SAM	4-5 Sr Rec Lyrical JAMIE FULL	9:30-10:30 Jr Ballet/Tap MAGGIE	9:30-10 Creative DANIELLE
		5:15-6:15 Int Program Ballet JAMIE/SAM FULL	5:15-6:15 Jr Tap/Acro MAGGIE	5:30-6 Strength - JAMIE		5-6 Beginner Ballet/Jazz JAMIE	5-6 Beginner Tap/Acro 1 ALLEGRA	5-6 Beginner Ballet/Jazz STEPHANIE W	5-6 Int Comp Acro JAMIE FULL	1+2 SAM FULL	5-6 Sr Program Jazz 1 JAMIE	5-6 Jr Lyrical/Acro STEPH R	10:30-11:30 Beginner Ballet/Tap DANIELLE	10:30-11:30 Jr Jazz/Acro MAGGIE - FULL
		6:15-7:15 Jr Ballet/Jazz SAM FULL	6:15-7:15 Int Program Hip Hop JAMIE FULL	6-7 Int CDTA Program Tap 2 SAM FULL	6-7 Int CDTA Program Tap 1 ALLEGRA FULL	6-7 Beginner Lyrical/Jazz JAMIE	6-7 Beginner Tap/Acro 2 ALLEGRA	6-7 Int Prog Contact Improv JAMIE FULL	6-7 Adult Class STEPHANIE W FULL	5:30-6:45 Sr Program Jazz 2 SAM FULL	6-7 Int Rec Hip Hop JAMIE FULL	6-7 Jr Ballet/Jazz STEPH R FULL	11:30-12:30 Int Rec Jazz DANIELLE FULL	11:30-12:30 Beginner Jazz/Acro MAGGIE
		7:15-8:15 Adult MED KAREN FULL	7:15-8:15 Sr Rec Jazz JAMIE	7-8 Int Program Lyrical 2 JAMIE FULL	7-8 Int Program Lyrical 1 ALLEGRA FULL	7-8:30 Beginner Lyrical/Jazz JAMIE	7-8 Teen Musical Theatre SAM - FULL	7-8 Int Program Ballet 2 SAM FULL	7-8 Int Program Ballet 1 JAMIE FULL		7-8 Int Rec Ballet JAMIE	7-8 Beginner Lyrical/Acro STEPH R	12:30-1:30 Beginner Lyrical/Hip Hop MAGGIE	12:30-1:30 Int Rec Hip Hop DANIELLE
		8:15-9:15 Pilates JAMIE		8-9 Int CDTA Program Jazz 2 JAMIE FULL	8-9 Int CDTA Program Jazz 1 ALLEGRA FULL		8-9 Teen Modern SAM	8-9 Int Program Modern 2 SAM FULL	8-9 Int Program Modern 1 JAMIE FULL		8-9 Rec Hip Hop JAMIE	8-9 Rec Acro STEPH R FULL	1:30-2:30 MED Kids KAREN	1:30-2:30 Teen Lyrical DANIELLE

LEGEND OF AGE CATEGORIES

Creative = 2-3 yrs of age
Junior = 4-6 yrs of age
Beginner = 7-10 yrs of age
Intermediate = 11-14 yrs of age
Teen – 12+ years of age
Senior = 15-19 yrs of age
Adult = 16+ (with Director permission)
FULL CLASSES ARE INDICATED IN PINK
AVAILABLE CLASSES ARE IN WHITE

LEGEND OF DANCE + EXERCISE STYLES

Ballet – Traditional Cechetti/Vaganova technique + CDTA
Tap – CDTA Syllabus **Jazz** – CDTA Syllabus
Lyrical – Dance which tells a story to the lyrics of the music
Modern – based on Limon and Graham technique, with some Cunningham Contemporary
Acro – from tumbling to contortions
Hip Hop – based on traditional street dance
Middle Eastern Dance – traditional styles and isolations
Yoga - Kundalini and other techniques for release
Pilates – body and strength resistance

EXPLANATION OF THE *boldt* CALENDAR AND CONTACT INFO

35 week instructional calendar – begins Saturday, September 10th
 Sam – 613-246-2514 Jamie – 613-246-2534 (Co-Directors)
 Email – boldtdancer@hotmail.com Website – <http://www.boldtsite.ca>
 Facebook:
<http://www.facebook.com/home.php#!/group.php?gid=58263528394>
 Costume purchase fee of \$50 per class for regular class dances, due November 15, 2011
 Tuition fees due on or before the 1st of each month in cash or by cheque
 Performance Celebration – June 9th at the Brockville Arts Centre
 No fundraising necessary
 Limited number of sponsorships available